

# the Splasher

June 2005  
2005 Vol 5

Newsletter for the Shadow Brook Swim Club

[www.shadowbrook.org](http://www.shadowbrook.org)

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Shadow Brook

## Fourth of July Celebration



### 8:30-Fun Run

Come join your neighbors for the Annual Fun Run, a wonderful way to start the festivities of Shadow Brook's Fourth of July events. Be ready to run or walk a route thru Shadow Brook. And, if you are not ready to run at 8:30 a.m. then stand on the curb and cheer on your neighbors!. T-Shirts will be given out to the first 120+ participants. Refreshments available.

### 10:00-Pet Parade

Always a big event for the kids. Bring your pets-real or stuffed- walking, crawling, swimming or flying (as long as they are caged or on a leash). Dogs, cats, birds, snakes and much more. The adults love seeing the variety that can be found in our neighborhood! Each pet receives an award.

### 11:30-Bike Parade

The big event of the day and something the whole neighborhood looks forward to each year. Decorate your bike and meet at the pool to be part of our bike parade. Neighbors line the streets to see our parade of bikes lead by fire engines, police and more. Wave to Uncle Sam! Popsicles will be given out after the parade.

### 12:00-Pool opens

### 2:00-Games

Fun games for all ages and the popular penny dive!

### 3:00-Music by "Stuck in the 60's"

### 4:00 to 6:00PM-Potluck/ Barbeque

Ribs and chicken as well as hamburgers and hotdogs served along with your delicious potluck dishes!

### Don't forget the Poster Contest! Look for your favorite at the pool!

Kids, make a poster with the theme "America the Beautiful" and drop it off at the pool office by July 2<sup>nd</sup> to enter. All entries will be on display at the pool on the 4<sup>th</sup>.



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Always check our [www.shadowbrook.org](http://www.shadowbrook.org) for the latest information on our neighborhood

## Shadow Brook Sharks Swim Team

by Mary Nicholson

### Sharks - off and swimming!

Our practice meet with Crossgates last month got the season off to its usual rocky start. But once going, the meet went quite smoothly and the day was a lot of fun!

The Sharks did indeed have a glimpse of what this season's competition might look like, and the challenge was recognized. Two more weeks of hard work in the water, and our meet at Creekside on June 4<sup>th</sup> saw the Sharks' first response.



There was a reduction of nearly three fourths in the number of disqualifications attributed to Sharks swimmers, and a rating of more than 50% for the team overall in improved times, with several swimmers improving their times in every event. Excellent teamwork and a great achievement!

On Saturday June 25<sup>th</sup> we meet Crossgates once again when the Gators host the Sharks at Shadow Brook. The Gators have many quality swimmers and should



offer the Sharks plenty of opportunities to challenge themselves and further improve their personal times.

The **Shark Shack** will be fully operational, so if you're looking for a burger or hotdog for lunch, come on over, pick up something from the grill, and check out your super Sharks in the water!!!

### 2005 Meet Schedule & Events:

Jun 25	Shadow Brook @ Crossgates
Jun 30	Raging Waters Day (10 – 6 pm)
Jul 2	No Meet – Happy 4 <sup>th</sup> of July!
Jul 8	Sharks / Dolphins Rally Dinner @ Almaden
Jul 9	Almaden @ Shadow Brook
Jul 16	CHAMPS @ Gunderson High School
Jul 17	Awards Night – “Swim Under the Stars”

### Babysitters for Hire

The list of neighborhood babysitters is in the printed Splasher or contact [splasher@shadowbrook.org](mailto:splasher@shadowbrook.org)

### Fourth of July T-Shirt Design Contest

Again this year we had some great entries for the t-shirt design contest, but one really stood out for our judges. This year our winner is Caitlyn Tenczar! Congratulations Caitlyn! I want to give a big Thank You to all the kids who entered the contest as well as to our judges, Helen Hererra and Peggy Morrison. You can view all the entries at the pool on the Fourth of July and get a look at the winning entry on the 2005 Fun Run t-shirt.

### ACC

**REMEMBER:** If you are changing the appearance of the exterior of your home, including roofing, remodeling, painting or siding — contact the ACC at [acc@shadowbrook.org](mailto:acc@shadowbrook.org) to obtain written approval. Roof color must be approved when re-roofing. [acc@shadowbrook.org](mailto:acc@shadowbrook.org)

# Newsletter for the Shadow Brook Swim Club

## Pool News

by Monique Bosomworth

The Shadow Brook pool was certainly the place to be on Memorial Day! Thanks to Charlotte Ferree and her volunteers for putting together two great meals that day.

The pool is open daily from 12:30 to 8:00 beginning June 16<sup>th</sup>. Please familiarize yourself with the pool rules. The pool property does belong to every homeowner in Shadow Brook, so we encourage everyone to care for the facility with the same care you do at home.

We have bought two new gas BBQs and in order to keep them in good working order, we ask that you please clean them after using them. Thank You. If you would like to use them for a personal party please contact Bryson, our pool manager. On that note, if you are planning a party, or even a large informal gathering, please contact the pool office at 997-3871 or stop by to fill out a form so we have a record of it and can plan our personnel accordingly. We have



various safety regulations that must be followed when it comes to our ratio of swimmers to guards.

Our lifeguards have been working hard to make Shadow Brook a great place to be this summer. We have had in-service training as well as water instruction training. You might also notice that they are

proactive when kids are playing unsafely. This is for safety of the children and others around them. Please support the guards in their efforts.

The schedule for swim lessons is now ready. Please call the office at 997-3871 to get your child in a time slot. The cost of each session is \$65 for Shadow Brook members. The lessons are also open to the general public at \$100 per session.

HAPPY SUMMER!  
Your pool gal, Monique

### 2005 Swim Lesson Schedule

Session 1 - June 20-July 1

Session 2 - July 5-July 15

Session 3 - July 18-July 29

Session 4 - Aug 1-Aug 12

If there is enough interest and instructors available we will have a 5th session

Session 5 - Aug 15-Aug 19



DAVID HEINDEL  
President

408.205.2404  
Fax: 408.268.1994  
jdheindel@pacbell.net

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## What is the Swim Team Committee? by Mary Nicholson

*As a new feature in the Splasher we will focus on a specific committee, function or group in each issue to enable members to have a better understanding of how volunteers in Shadow Brook make this a better place to live. This month we are focusing on the Swim Team Committee.*

Swim Team ends on a weekend in mid to late July with Champs on the Saturday and an awards dinner on the Sunday. For most swimmers and their families, the season then becomes a happy memory and thoughts turn to Fall soccer and the like. Swim Team won't be thought of again until sign-ups next March. For the Swim Team Committee, the season becomes a happy memory, but with only August and September off. Thoughts turn to Swim Team again in October with the first League meeting of the upcoming season.

There are two or three League meetings prior to each season. The Swim Team Committee and representatives from the other five teams get together with the objective of fixing any problems from the season just ended, and agreeing on the rules for the next season.

For our own Sharks team, the Swim Team Committee meets several times between January and March to discuss requirements for registration, the practice schedule and planned social events for the new season. If needs be, the Committee has found new coaches, and before you know it, registration day is here and the season has arrived!

As the Swim Team Committee is generally three or four people strong, the administration functions of the team are fairly evenly shared. Communications to the team and articles for the Splasher, are taken care of by the Board Representative. The Secretary processes registration checks, liaises with the Board Treasurer and maintains team rosters. The Apparel Coordinator processes and tracks orders for team suits and logo wear, working closely with vendors and swim team families. The Volunteer Coordinator keeps track of which families have signed up for which positions at each meet, and ensures that all the volunteer positions are filled.

The 'invisible man' on the Swim Team Committee is the Shark Shack Director. Running the snack shack is a major function at any home swim meet. From setting the menu, to shopping for the best buy, the Shark Shack Director makes sure our swimmers and their families are well fed and well taken care of.

For season 2005, the Swim Team Committee is Mary Nicholson, Mary Johnson, and Mary Bachmeier. The Shark Shack Director is Cleda Zuccherro.

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ADVERTISING: We are offering business card ads for \$35.00 per issue (paid at the time of placement of the ad). Advertising is open only to businesses affiliated with members or the immediate 95120 business community. Kids' ads (35 words or less) and non-profit ads can run free of charge.

### **Title Transfer Reminder**

People who are selling their Shadow Brook homes need to request Homeowner Doc's from the Homeowners Association (usually through their escrow companies).

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# Newsletter for the Shadow Brook Swim Club

## Memorial Day 2005

by Charlotte Ferree

Wow, what a great Memorial Day! Thanks to the incredible weather provided by Mother Nature – not too hot and not too cold, the turn out was fantastic! We were happy to see so many long-time neighbors and associate members as well as newer neighbors and associate members enjoying the pool with their friends and families. Our volunteers were amazing. People stepped in to help when needed and the baked goods kept coming till the end. Our BBQ grillers kept us supplied all day with hamburgers, hot dogs and teriyaki chicken. At the end of the day, some of us burned off the calories with salsa dancing lessons taught by Marco Chavarin and his able assistant, Alyssa Ferree. We learned some fancy footwork and twirls.

My apologies, however, to any of you who did not get a taste of the teriyaki chicken. I am including a recipe (no, not my recipe since I don't use exact measurements but a good approximation) for your own family BBQ.

Mahalo nui loa (thank you very much) to Judy Koike, Chris Monahan, Sue Monahan, Steve Ferree, John Lougaris, Kathy Swanson, Peggy Morrison, Dale Gordon, Cindy Secchi, Rachel Porter, Carole Wentz, Barbara Wong, Michael Wong, Deb Koolpe, Stacy Koolpe, Meichen Lai, Linda Spencer, Raymond Liu and



his dad, Jess Herrera, Holt Gordon, Bruce Morrison, Tim Porter, Wayne Diamond, Nigel Tranter, Lee Koolpe, Alyssa Ferree, Marco Chavarin, Danielle Ferree, Richard Towner, Carol Toney, Lori Riley, Maria Lu, Allen & Dee Baba, Keri Antes, Carol Ann Simmons, Warren Begas, Bryson Barnette and his able crew of lifeguards. My apologies if I have inadvertently omitted your name! Without all your help, there would not have been such a successful Memorial Day 2005! A special mahalo to all of you wonderful, patient but hungry people who came to our busy snack bar. And last but not least, a very special mahalo nui loa to Bruce Morrison and Holt Gordon for scrubbing down our two brand new gas grills (Can we keep them looking this good the whole summer?) and to Meichen Lai for tackling all the dirty pots and pans at the very end. You are all my heroes!

### Hawaiian Style Teriyaki Marinade

¾ cup soy sauce  
¾ cup sugar  
1 tablespoon Oriental sesame seed oil (dark brown in color)  
2 tsp of fresh ginger, peeled and grated (do NOT substitute powdered ginger)  
Dash of salt

Optional ingredients that can be occasionally added:  
¼ cup mirin (Japanese rice wine used in cooking)  
1 tablespoon sesame seeds (wonderful with beef)  
A stalk or two of minced green onion – great with beef  
1 clove minced garlic

Mix all the ingredients. Marinade meat for several hours or overnight. Don't forget to huli (turn over) several times. Suggestions: 3-4 pounds of chicken pieces or boneless thighs, a tri-tip roast, thinly sliced beef sirloin, skirt steak, or cubes of beef sirloin or chicken breast for shish kababs (alternated with chunks of veggies - onion, mushroom, bell pepper, cherry tomatoes – and

canned pineapple chunks) on metal skewers or bamboo BBQ sticks. Soak bamboo sticks in water for at least 30 minutes before skewering meat to prevent burning on the grill. A few tablespoons of the marinade could also be added to your favorite hamburger patty mixture for some ono teriyaki burgers. Or even better, put a thinly sliced teriyaki beef sirloin or skirt steak – hot off the grill - between a hamburger bun! Can also be used to marinate shrimp (15 minutes) or fish.



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## Board and Committees

President, Warren Begas  
[president@shadowbrook.org](mailto:president@shadowbrook.org)

VP, Social, Jody Tempel  
[social@shadowbrook.org](mailto:social@shadowbrook.org)

VP, Pool, Monique Bosomworth  
[viceprespool@shadowbrook.org](mailto:viceprespool@shadowbrook.org)

Secretary, Rodney Whitefield  
[secretary@shadowbrook.org](mailto:secretary@shadowbrook.org)

Treasurer, Bruce Morrison  
[treasurer@shadowbrook.org](mailto:treasurer@shadowbrook.org)

Communications, Steve Ferree  
[splasher@shadowbrook.org](mailto:splasher@shadowbrook.org)

Title Transfers: Jordan Wong  
[title@shadowbrook.org](mailto:title@shadowbrook.org)

ACC: [acc@shadowbrook.org](mailto:acc@shadowbrook.org)  
Don Hale, Bill Helms, Richard Kohl

Welcoming Committee: Jody Tempel  
[welcome@shadowbrook.org](mailto:welcome@shadowbrook.org)

Pool Manager: Bryson Barnette 997-3871  
[poolmgr@shadowbrook.org](mailto:poolmgr@shadowbrook.org)

Swim Team: [swimteam@shadowbrook.org](mailto:swimteam@shadowbrook.org)  
Mary Nicholson, Mary Bachmeier, Mary Johnson

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## The Social Connection by Jody Tempel

The summer season has officially begun at Shadow Brook! A big THANK YOU goes out to Charlotte Ferree and all her helpers who did such a great job on **Memorial Day**. They served lunch and dinner to many people and all who came to the pool for our first holiday celebration of the year seemed to have a great time. Thanks also to our lifeguards and pool manager who keep our safety as their priority. I think they did a great job on a very crowded day.

Our first **Adult Social** was a wine-tasting party on June 4<sup>th</sup> and it was well attended and thoroughly enjoyed by all! Many delicious, and a few questionable, wines were tasted! I hope you can join us on Saturday July 2<sup>nd</sup> at 7:30 for our next Adult Social. We will be playing the ever-popular game "What's in the bag?" Intrigued? Come to see what all the fuss is about! Just bring yourself, some friends, and a small dessert or appetizer to share.

The biggest celebration of the year is almost here... **The Fourth of July!** There are many activities planned from the Fun Run in the morning all the way through dinnertime. This day is a lot of fun for all ages and can only continue to be successful with the help of the many volunteers that work hard to make it so. Sign up sheets will be placed at the pool and I hope that many of you take the opportunity to volunteer and be part of our tradition. If you have a particular job in mind please contact me directly and I can sign you up. Thanks!

### Upcoming Events to Remember

- Jun-22: Wednesday Night Social 5:30PM-  
*Greek Night and Bingo hosted by Mary Jo Heindel*
- Jun-26: Sunday Afternoon at the Pool 12-4PM,  
*Chili Cook-Off Dinner served following judging*
- Jun-29: Wednesday Night Social 5:30PM-  
*Hosted by Heathfield Drive*
- Jul-2: Adult Social 7:30 PM,  
*What's in the Bag*
- Jul-4: Fourth of July Celebration, All Day

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## Chili Cook-Off at Shadow Brook

Our first Sunday Afternoon at the Pool will take place on June 26<sup>th</sup> and will be a Chili Cook-Off. I am told that this used to be a regular activity at our pool and I hope I can count on some of our veterans to enter the cook-off or volunteer as judges! The cooking will begin at 12pm and the judging will take place at 4pm. After the chili samples have been taken for judging, you can sample your neighbors' entries. There will also be a separate judging in the category of showmanship. Dress up in costumes, decorate your area, make up a song and perform for your neighbors! You have 2 chances to be a winner! Following the judging and announcement of an overall winner, we will be selling bowls of chili, childogs, hot dogs and cornbread!

This will be a fun event for the whole family and I hope I can count on you to join in! To make this day successful I need:

- \*People/teams to enter and judges to judge
- \*Volunteers to work behind the scenes

If you have a camp stove that you would like to loan for the day for an entrant who may need one, please let me know! All teams/entrants must register with me before June 26<sup>th</sup> to be eligible. I can provide a complete copy of the rules to those interested in entering. If you have any other questions please call or email me. Good Luck!