

Congratulations Sharks by Parent Reps

As summer flew by, so did another fabulous Sharks swim season. We were so thrilled to welcome so many new families to our team! With a return to a regular season full of swim meets, pool games, baseball games, and the ever-anticipated final meet of Champs, we are eagerly anticipating next summer.

This season, we are so thrilled to share that our team won the most improved trophy for both Dual Meet and Champs. This means, that out of all six teams in our cabana league, Shadow Brook Sharks saw the most improved swims! A huge thank you to our Coaches: Kyle Kikuta, Kelly Rockwell, Lauren Tenczar, and Sammie Keith. And, with a small but mighty team at Champs, we placed second overall! Way to go, Sharks!

Last, we saw the departure of our three graduating seniors: Donovan Burk, Amanda Keith, and Emily Tenczar. We wish them many continued successes as they head off to their new adventures in college and culminate their experiences as Shadow Brook Sharks. And we said "see you later", never goodbye, to the Tenczar family whose eighteen years with the Shadow Brook Sharks came to an end this season. We thank Matt and Staci Tenczar for all of their tireless efforts to ensure all our Sharks swimmers had the best summer memories at the pool. Go Sharks!

Shark Coaches & Parent Reps



Left to Right: Katie Ciciarelli (Parent Rep), Co-Head Coach Kelly Rockwell, Assistant Coaches Lauren Tenczar and Sammie Keith, Co-Head Coach Kyle Kikuta, Staci Tenczar (Parent Rep)

2022 Graduation Seniors



Left to Right: Amanda Keith, Emily Tenczar, Donovan Burk

Neighborhood Baby and Pet sitting

If you need baby or pet sitting services, please consider calling:

- Andrew Swartz C: 669.262.5344
- Lydia Cumming C: 408.913.0396

Queso Dip



INGREDIENTS

- 1 (2-pound) block of processed American cheese, such as Velveeta
- 1 (10-ounce) can of diced tomatoes with chiles, preferably Ro-tel brand
- Tortilla chips, for serving

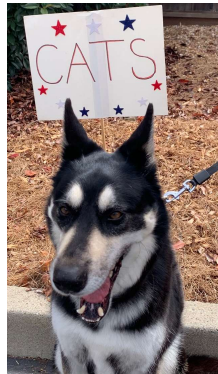
OPTIONAL EXTRAS:

Black Beans, Scallions, Cilantro, Garlic, Cumin, Red-pepper flakes, Oregano, Lime zest, and juice.

DIRECTIONS

1. Roughly chop the processed cheese into 1-inch cubes, then add to a medium saucepan. Stir in the tomatoes and their juices, plus 2/3 cup water, then heat over medium-low, stirring frequently, until cheese is melted and the mixture is creamy, 5 to 7 minutes.
2. Stir in any combination of desired additions: black beans, scallions, cilantro, garlic, cumin, red pepper flakes, oregano, lime zest, and juice. Heat over low, occasionally stirring until warmed and flavors meld for about 5 minutes.

Social Corner by Meera Desai, VP Social



Hi Neighbors! What a great 4th of July! It was so nice to see the community's excitement coming together to celebrate the Red, White, and Blue! Thank you to the Social Committee, our wonderful volunteers who signed up using SignUp Genius, and especially my co-chair, Joni Landine, for making this a memorable day! A special thanks also to our Event Chairs, Sharon & Bill Pope, Padma Heid, Colleen Kimmel, Valerie Waagen, and Chris and Sue Monahan for their efforts in organizing the Fun Run, Pet Parade, Pool Games, and Bike Parade. I'd also like to thank our T-shirt Sponsors, Almaden Pediatrics, Colleen Kimmel Real Estate, The Tenczar Team, The Core Group, RGreen Landscaping, OpenColo, Nokia, and the Law offices of Tim Gill, for their contributions towards our FUN RUN 2022 shirts!

It was so fantastic to have SJPD and SJFD escorting us for the parade (even though we may have done an extra lap!) My deepest thanks go out to the fantastic Kitchen crew and the Grill Masters who filled our bellies with yummy food and Lydia McClure, Elaine He, her son Daniel, and the Heid family for leading our decorating efforts. And last but certainly not least, thank you to our awesome lifeguards and managers, Owen Quast and Amanda Keith, who ran the games at the pool. We all had a blast!



Wednesday Night Socials (WNS) is in full swing. Special thanks to all who have hosted so far, Greek Night hosted by the Heindels, Pizza hosted by the Lifeguards, Pasta with the Swim Team,



the Asian Night Team, and the Heathfield Crew for Chili Night. On July 27th, we will have GrillZilla's Food Truck – back by popular demand. We are still looking for a host for August 3rd. If you are interested in hosting, please email me at social@shadowbrook.org. If we don't have a host, we won't be having a formal WNS on the 3rd. On August 10th, we will have our last WNS and are planning it as a Pot Luck and Bingo Night. Impress your neighbors with a dish to share and bring some \$\$ to purchase Bingo cards for \$1. The final pot at the last Bingo night was over \$150!

Aqua Fitness Classes are back in session at the Cabana on Tuesdays and Thursdays from 9:45 am – 10:45 am. Drop in and try it out! And don't forget about Senior Coffees every Wednesday morning from 10:30 – 11:30 am.

Still in the works for late summer and fall are a long list of Social & Recreational Activities that we are looking to organize over the next few months, including another Trivia Night, Music at the Cabana, Casino Night, and others. If you are interested in leading / helping to organize any of these events or have ideas for others, we'd love to hear from you – send an email to social@shadowbrook.org. In the meantime, enjoy this recipe for an easy Queso Dip.